



# Activity Assistant Volunteer

If you are a fun, caring and outgoing person who loves interacting with seniors, helping them enjoy life through music, games, live entertainment, and more then volunteering as an Activity Assistant Volunteer will be a great fit for you!

Research has shown that enrichment activities help in reducing isolation, stimulating cognitive and physical abilities, increasing sense of community, and promoting independence.

**Activities vary everyday but may include arts and crafts, music wellness and therapy, bingo, nail spa, art therapy, movies, Wii bowling and so much more!**

The Activity Assistant Volunteer will play a major role in ensuring all seniors are actively engaged in quality programming. The Activity Assistant Volunteer will have the following responsibilities:

- Transporting seniors in wheelchairs to and from the activity room, rest rooms, and dining room.
- Assisting with distributing breakfast, lunch, and/or snack to participants.
- Setting up activities for the day, including organizing activity materials.
- Cleaning up after activities for the day.
- Carrying out activities with participants.
- Reporting changes in participant behavior, safety hazards, or procedural difficulties to the Director of Senior Outreach & Adult Day.
- Adhering to the Volunteer Handbook & Policy Manual.

A detailed orientation and training will be provided upon start of service at Eliza Bryant Village.

The Activity Assistant Volunteer should exhibit dependability, punctuality, creativity, enthusiasm, affection, flexibility and patience. Our seniors enjoy having a great time so this expected to be fun for both seniors and volunteers!

## **Contact Information:**

Chantel Davis, Manager of Philanthropy & Volunteers, [cdavis@elizabryant.org](mailto:cdavis@elizabryant.org) (216) 658-1882

Visit our website at <https://www.elizabryant.org/programs-and-services/volunteer/> to learn more about our Volunteer Program.