



# Lunch Buddy Volunteer

1. Are you a fun, caring and outgoing person who loves interacting with seniors?
2. Are you a foodie?
3. Are you available any day between Monday and Friday at 12:00 pm to 1:00pm?

*If you've answered YES to all these questions then volunteering as a Lunch Buddy Volunteer will be a great fit for you! We also welcome small groups (2-5) to join us!*

The Adult Day Program offers support to caregivers and care for their loved ones with cognitive and physical impairments through daily enrichment activities.

Research has shown that as people age, their interest in eating and mealtime enjoyment can change. To ensure our seniors enjoy their lunch every day, lunch buddies will help to ease the mood and behavioral problems that may affect their eating.

Responsibilities for the Lunch Buddy Volunteer will include:

- Distributing lunch and drinks to seniors.
- Transporting seniors in wheelchairs to the dining room.
- Engaging seniors in conversation as they enjoy their meals.
- Cleaning up after seniors by picking up trash and wiping down tables or any spills.
- Reporting changes in resident behavior, safety hazards, or procedural difficulties to the staff on duty.
- Adhering to the Volunteer Handbook & Policy Manual.

A detailed orientation and training will be provided upon start of service at Eliza Bryant Village.

The Lunch Buddy Volunteer should exhibit dependability, punctuality, enthusiasm, affection, flexibility, and patience. Our seniors enjoy having a great time so this expected to be fun for both seniors and volunteers!

## **Contact Information:**

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Visit our website at <https://www.elizabryant.org/programs-and-services/volunteer/> to learn more about our Volunteer Program.